



# February Informer

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*Keeping you up to speed with what's going on. I certainly would be happy to receive information on events coming up in your district and any short articles that you have.*

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**The secretary is Leonie Blackwell  
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**Administration officer  
Is Karen Howard  
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*Celebrating 20 Years*

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## ARTICLE SUBMISSION GUIDELINES

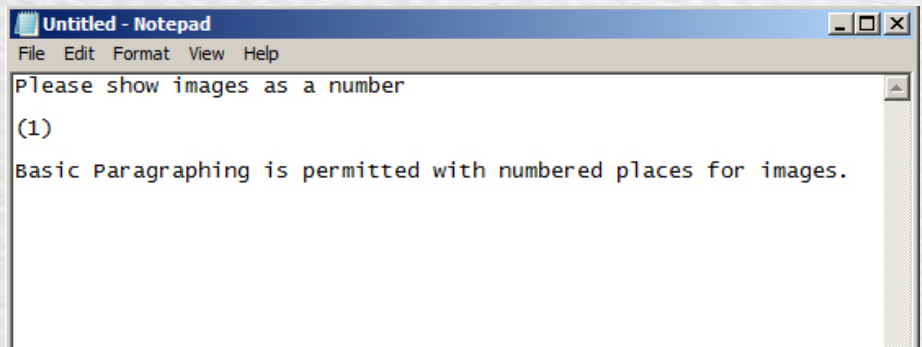
Please Submit all articles in raw text format. A note pad file will be sufficient. Basic Paragraphing is permitted with numbered places for images.

All images must be submitted individually named with corresponding numbers.

Article Length Maximum  
**1000-2000 words**

- *Editor*

Please email .txt documents to:  
**president@ahhca.org**





Australian Holistic Healers Counsellors Association celebrates TWENTY years of expansion and growth. There will be events run over the year for you to join in, fun, networking, workshops, learning and enjoyment.

In the first newsletter in 1995 'the original intention for forming was to help support and give recognition of holistic healers practising a range of modalities in a wide range of holistic or integrated manner.'

It would seem that there has been resurgence in a wide range of healing techniques and modalities, some of which are ancient and traditional, whilst others have evolved out of our increasing understanding of the nature of illness, its deeper significant and purpose."

It is our hope that the establishment of the AHHA will be an important step in the regulation in the rapidly growing area of Holistichealing. For the Association to become truly representative, it needs the support of the members and their enthusiasm." "The Association's role is to serve its members"

The modalities we support have increased over the years as practitioners have increased their skills and knowledge. To maintain the highest standards and be eligible for indemnity insurance, members must adhere to the requirements for membership of the AHHCA. And all members must complete a minimum of 30 hours professional development each year and adhere to our code of conduct to be eligible to continue as members.

A wide range of events are being planned, some to add to skills in profession development opportunities eg Obtaining 1st Aid certificate (now a prerequisite for membership) to fun networking events, celebratory dinner, participation in seminars, and meeting with founding members still in practise and discuss changing role of holistic healers in the future. Look for these events in the Informer newsletter

There will be opportunities for AHHCA members know how you think we can assist you as practitioners for the benefits of Holistic Health and wellness in the community

*Helen Bramley Jackson*

## February Birthdays

*Happy birthday to the following members*

Mary Malady, Stephanie Malone, David Kliese, Sharon Fletcher, Taea Hope, Sandra Gray, Lucinda Bowers, Elizabeth Moxey, Michele Proctor, Cecilia Relph, Gayle Powell, Judie-Anne Taylor, Kerrie Wilson, Joanne Munday, Ruth Corcoran, Virginia D'Cruz, Frank Pizzoferrato, Adraina Lazos

# WORKSHOPS

## Meditation Teachers Certificate

Qualify as a meditation teacher

Turn your love of meditation into a business and share the magic of meditation with those around you, this course is accredited by the AHHCA.

Learn to write a meditation, plan & run groups, importance of breath and how meditation helps in our life.

For an information sheet please email [diane@angelicpresence.com.au](mailto:diane@angelicpresence.com.au)

**Investment:** Live outside Melbourne area?  
Contact me to discuss new correspondence course.

**Dates:**

Mar 15, 22,

April 19,

May 3, 17,

June 7, 21 28/ 2015

2nd intake starts August 2015

Delivery: 8 sessions day sessions

10am – 4 pm (Sunday) in person

Mitcham, Victoria)



## Art & Meditation as Medicine

*Facilitated by Diane Collett*

Weekly 2 hour group that will enable you to leave the stress of everyday life outside of the room, while you release & learn tools to use in your life for combating every day occurrences.

Using Art and Meditation to connect to your inner self and find the peace that lays within. Release negativity, tension & emotions through art, moving into relaxing through breathing exercises & guided meditation finishing with fine tuning our intuitive skills through exploring art, cards, crystals and much more. Allowing you to explore and play in a safe, nurturing and friendly environment.

**Term 1: Feb 2, 9, 16, Mar 2, 16, 23**

**Term 2: April 13, 20, 27, May 4, 11, 18, 25, June 1, 9, 22**

**Investment: \$35.00 casual per class**

**Or buy a 5 sessions or term pass to save**

**Based in Ringwood 7pm to 9pm**

**All other details given when booking is taken.**





# COMMITTEE 2014-15

*PRESIDENT: Jim Fraser*

*VICE PRESIDENT: Diane Collett,*

*SECRETARY: Leonie Blackwell*

*TREASURER: Belinda Harber*

*ADMINISTRATOR: Karen Howard*

*GENERAL COMMITTEE: Helen Bramley Jackson, Andonnia Gotsi, Jayne Boyle, Karen Howard*

## QUALIFIED SUPERVISORS

*Helen Bramley Jackson* – Phone: 03 5447 9331 or Email: helenlbj@gmail.com

*Andonnia Gotsi* – 0422 261 394 or Email: andonnia@gmail.com

*David Kliese PHD* – Ph: (07) 5476 8122 or Email: david@davidkliese.com.au

*Wendy Lauder* – Contact: 54412516 or wlauder@hotmail.com.au

## AFFILIATED MEMBERS

### **Australian Doctor Healer Network**

[www.doctorhealernetworkaustralia.com](http://www.doctorhealernetworkaustralia.com)

Free Listing Please contact: [tim@doctorhealernetworkaustralia.com](mailto:tim@doctorhealernetworkaustralia.com)

### **Healing Centre • Educational Retreat**

[www.whiteeaglelodge.org.au](http://www.whiteeaglelodge.org.au) - (07) 5494 4397

### **Mental Health Academy**

[www.mentalhealthacademy.com.au](http://www.mentalhealthacademy.com.au)

### **Pathways Wellness Centre**

[www.pathwayswellnesscentre.com](http://www.pathwayswellnesscentre.com) - (07) 5326 3336



*The committee would like your support*

**We would like to get our organisation noticed by a lot more people, you can help us by displaying our logo on your website.**

**Please contact the office for a copy of our logo**

**HEART to HEART**

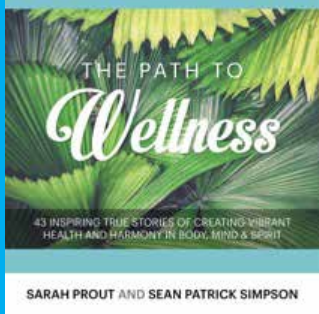
## A GOOD READ

*\$25 Plus Postage (for orders of 10 or more wholesale is \$20 per book)*

*Payments can be made through cash, EFT or for purchases outside Australia, via Paypal.*

*To those who have already ordered, my bank details for eft are :Tranceformations bsb 633000 account 125270165.*

*0411239081 - [www.lomilomi.com.au](http://www.lomilomi.com.au) - [www.tranceformations.com.au](http://www.tranceformations.com.au)  
[tracey@tranceformations.com.au](mailto:tracey@tranceformations.com.au)*



## NETWORKING

The committee feels it is important for all our members to support like minded organisations conferences; it's a great way to learn new things, gain professional development hours and meet new people.

## WEBSITE LINKS

### Hearts in healthcare

[www.heartsinhealthcare.com](http://www.heartsinhealthcare.com)

### Australian Industry Training Association

[www.aitd.com.au](http://www.aitd.com.au)

### Australian Hypnotherapy Association

[www.ahahypnotherapy.org.au](http://www.ahahypnotherapy.org.au)

### Walter Last

[www.heal-yourself.com.au](http://www.heal-yourself.com.au)

### Strauss heart drops

[www.straussheartdrops.com](http://www.straussheartdrops.com)

### National federation of healers

[jenny@nfh.org.au](mailto:jenny@nfh.org.au)

### Magnetic Healers Unlimited

[www.magnetich healers.org.nz](http://www.magnetich healers.org.nz)

[kathyaauric@atrix.co.nz](mailto:kathyaauric@atrix.co.nz)

### Cancer support organisation

[www.ucansurvive.org](http://www.ucansurvive.org)

### White Eagle Healing Centre

[www.whiteeaglelodge.org.au](http://www.whiteeaglelodge.org.au)

### Australia Counselling association

<http://www.theaca.net.au/>

### Caledonian Colour

PRINT | SIGNS | DESIGN

[www.caledoniancolour.com](http://www.caledoniancolour.com)

## CONFERENCES

*Australian Reiki Connection Presents*

### THE FUTURE FOR REIKI

#### Pathway to wellness

Saturday 17th & Sunday 18th October 2015

-SYDNEY NSW

### Mindd International Forum 2015

*Nutritional and Integrative Treatments for Children & Adults*

15-17 May, Australian Turf Club Randwick, Sydney

## COLLEGE DIRECTORY

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### Diane Collett - Angelic presence

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Ph: (07) 5476 8122

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[joynicholson@aapt.net.au](mailto:joynicholson@aapt.net.au)

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### Dr Patricia Sherwood - SOPHIA COLLEGE

Website: [www.sophiacollege.com](http://www.sophiacollege.com)

Email: [info@sophiacollege.com](mailto:info@sophiacollege.com)

Phone: (08) 9726 1505

Final thought "Be yourself; everyone else is already taken."  
for the month

~ Oscar Wilde

Tim Fraser - President and Editor